

Something to share

ROASTED BEET HUMMUS V**
VEGGIES, CIABATTA TOAST &
GARLIC-HERB OIL 8

CASHEW QUESO ** VG
PICO DE GALLO, VEGAN TACO MEAT,
HOUSE TORTILLA CHIPS 9 **

Featured Supplier

TX RIO GRANDE ORGANICS

Since 2003 they have grown into the largest organic pecan farm in North America! Located on the banks of both the Rio Grande River and the Nueces River, their orchards are able to provide a plethora of natural pecans

SANDWICHES
COME WITH
2 HOUSE SIDES
OR A CUP
OF SOUP

Sandwiches

SUBSTITUTE LOCAL'S
GLUTEN FREE WRAP \$2.5

TRUFFLED EGG SALAD V
GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 11

"CRUNCHY" CHICKEN**
NUT-SEED CRUMBLE, CRUSHED CHIPS,
TOMATO, HOUSE PICKLES, PROVOLONE,
BUTTERMILK RANCH, PRETZEL BUN 13

SMOKED SALMON**
ONION JAM, LEMON CREAM CHEESE,
EVERYTHING BAGEL 14

AVOCADO BLT
BACON, ROMAINE, AIOLI, HEIRLOOM TOMATO,
SLICED AVOCADO, FRIED FARM EGG, HARVEST WHEAT 15

"BANH MI"
GRILLED FALCON LAKE FARMS PORK,
PICKLED ONION, JALAPEÑO, CILANTRO,
SAMBAL, AIOLI, FRENCH BAGUETTE 13
(make it vegetarian by subbing Local tofu)

GULF SEAFOOD
SHRIMP & BLUE CRAB, TOMATO, PICKLED ONION,
LETTUCE, GREEN GODDESS DRESSING, CIABATTA 14

GARDEN SAMMIE VG
THOSE BRUSSELS, AVOCADO, HUMMUS,
PICKLED ONION, SPROUTS, TOMATO,
CURRIED CAULIFLOWER, CIABATTA 11

QUINOA BURGER VG**
LETTUCE, TOMATO, ONION, PICKLES,
VEGAN AIOLI, PRETZEL BUN 12

VEGAN MEATBALL SUB VG**
PECAN AND MUSHROOM MEATBALLS, MARINARA,
ARUGULA-PINENUT PESTO, SPICY GIADINIERA,
BAGUETTE 11.5

Soups

CUP 3.5 / BOWL 5.5

OUR CLASSIC CHICKEN POSOLÉ GF**
POBLANO, GREEN CHILES, HOMINY,
CILANTRO & PUMPKIN SEED GARNISH

VEGAN "CLAM" CHOWDER VG**
CASHEW MILK, SAGE, HERB GARLIC OIL,
OYSTER CRACKERS, INDIAN CREEK MUSHROOMS
(GLUTEN FREE WITHOUT OYSTER CRACKERS)

Side Choices

- PUMPKIN SEEDS**** : CHILI POWDER **GF VG**
- TOP OF TEXAS FARMS:** APPLES **GF VG**
- DILL PICKLES:** LOCAL'S HOUSE BRINE **GF VG**
- HOUSEMADE CHIPS:** OLD BAY SEASONING **GF VG**
- RED POTATO SALAD:** EGG, ONION, DILL, MUSTARD **GF**
- BROCCOLI-QUINOA**:** POMEGRANATE, VEGAN BACON,
CASHEW YOGURT, PICKLED RED ONION **GF VG**
- TUSCAN KALE**:** PINE NUTS, PARMESAN, RAISINS **GF V**

Salads

SALMON POKE GF
SESAME QUINOA, SANBAIZU, CILANTRO,
BEAN SPROUTS, AVOCADO, CHILI APPLES,
SNOWPEAS, RADISH, SPICY NORI, SESAME SALT 17

FALL HARVEST V GF**
LOCAL GREENS, MIX BEETS, TX RIO GRANDE PECANS,
THOSE BRUSSELS, PURE LUCK GOAT CHEESE,
POMEGRANATE, ROASTED DELICATA SQUASH,
HERB VINAIGRETTE 12.5

TACO SALAD VG**
KALE, ROMAINE, VEGAN "TACO MEAT," AVOCADO,
ROASTED CILANTRO-HOMINY, TOMATO,
PICKLED ONIONS, TORTILLA STRIPS, PUMPKIN SEEDS,
LIME VINAIGRETTE 13.5

ASIAN CHICKEN**
NAPA CABBAGE, CURED CUCUMBER, CASHEWS,
BEAN SPROUTS, GINGER-SOY VINAIGRETTE,
BROCCOLI, SPICY PEANUT SAUCE 13

CAESAR SALAD VG**
ROMAINE, RADICCHIO, ROASTED SWEET POTATO,
HOUSE-MADE CROUTONS, DRIED CRANBERRIES,
SEED GRANOLA, MISO CASHEW-CAESAR DRESSING 11

ADD A PROTEIN TO ANY SALAD
TOFU OR CHICKEN 3. SHRIMP 5. SEARED SALMON 8.

Entrees

BLACKENED SALMON GF
WILD RICE PILAF, SNOW PEAS, CAULIFLOWER,
CREOLE MUSTARD, POMEGRANATE 18

FALCON LAKE LAMB SAUSAGE PASTA**
ORECCHIETTE PASTA, BURATTA,
TRUFFLE BROCCOLI, OLIVE OIL, GARLIC,
LEMON, BLACK PEPPER 18

FALL POWER BOWL GF VG**
ROOT VEGETABLES, GREEN BEANS, SWISS CHARD,
SAN SAN TOFU, RED LENTILS, QUINOA-BROWN RICE,
ALMONDS, ITALIAN SALSAL VERDE 15

Sweets

- CHOCOLATE CHIP COOKIE 2.5
- VEGAN CARROT CUPCAKE **VG** 4
- DOUBLE CHOCOLATE COOKIE GF** 2.5

Drinks

- SPICED CRANBERRY LEMONADE 3.5
- HONEY ICED COFFEE (WITH FLAX MILK) 4.5 ** **V**
- KATZ COLD BREW NITRO DRAFT 4.5 / 6

UNDERSTAND OUR MENU

- NEIGHBORHOOD FAVORITES**
- ** CONTAINS NUTS/SEEDS
- GF** GLUTEN FREE
- V** VEGETARIAN
- VG** VEGAN

PLEASE INFORM US OF ANY
FOOD ALLERGIES BEFORE ORDERING

We add a 5% premium packaging fee on all To-Go Orders



Neighborhood Favorites

This icon means the dish is exclusive to this Local Foods. Highlights seasonal ingredients or reflects our chef's style of cuisine, a favorite preparation or unique recipe. Enjoy.

We are committed to using fresh, locally-sourced, high quality ingredients. Our shrimp is wild caught; our chicken, beef, pork and eggs are cage free, hormone free, and come from sustainable farms.



SCAN CODE FOR MORE INFO
ON INGREDIENTS AND ALLERGENS



WINES BY THE GLASS \$9

POMELO ROSÉ - YOUNTVILLE BOLD CHARDONNAY - MONTEREY PRINCE DE LIS BRUT - FRANCE
POMELO SAUVIGNON BLANC - CALIFORNIA SANS CARBONIC CARIGNAN - IRVINE

375ML & SPLITS

ROMBAUER CHARDONNAY 20
CALIFORNIA

SONOMA-CUTRER CHARDONNAY 13
CALIFORNIA

ANGELS & COWBOYS ROSE 14
SONOMA

KING ESTATE PINOT GRIS 15
WILLAMETTE VALLEY

FROG'S LEAP SAUVIGNON BLANC 16
NAPA VALLEY

CATENA MALBEC 14
ARGENTINA

AU BON CLIMAT PIONT NOIR 16
SANTA MARIA

ARGYLE PINOT NOIR 22
WILLAMETTE VALLEY

750 ML RED VARIETALS

CAYMUS (1 LITER!!) CABERNET SAUVIGNON 76
NAPA VALLEY

DUCKHORN CABERNET SAUVIGNON 45
NAPA VALLEY, CA

OAK FARMS CABERNET SAUVIGNON 24
LODI

GROTH CABERNET SAUVIGNON 50
SANTA BARBARA

BONANZA CABERNET SAUVIGNON 24
CALIFORNIA

FAUST CABERNET SAUVIGNON 45
NAPA VALLEY, CA

ROBERT FOLEY CABERNET SAUVIGNON 70
ALEXANDER VALLEY

SILVER OAK CABERNET SAUVIGNON 75
ALEXANDER VALLEY

BOLD PINOT NOIR 25
MONTEREY

ALEXANA PINOT NOIR 29
WILLAMETTE

CHEHALEM PINOT NOIR 29
WILLAMETTE VALLEY

PATZ & HALL PINOT NOIR 38
SONOMA COAST

EMERITUS PINOT NOIR 39
CALIFORNIA

PAPILLON RED BLEND (BY ORIN SWIFT) 59
CALIFORNIA

HG III RED BLEND 40
NAPA VALLEY

FELINO MALBEC 19
ARGENTINA

VINA ALBERDI TEMPRANILLO 25
SPAIN

CAYMUS-SUISUN PETIT SYRAH 43
CALAFORNIA VARIOUS

MOTHERS MILK SHIRAZ 23
AUSTRALIA

LEVIATHAN RED BLEND 32
OAKVILLE

DUCKHORN MERLOT 40
NAPA VALLEY

EMMOLO MERLOT 27
NAPA VALLEY

750 ML ROSÉ & SPARKLES

VAL DE MER BRUT ROSÉ 20
FRANCE

COPAIN ROSÉ 20
CALIFORNIA

GASPARD ROSÉ 20
FRENCH

RED CAR ROSÉ 21
CALIFORNIA

"STUDIO" BY MIRAVAL 21
FRANCE

SPARKLING ST. LAURENT CRUSE WINE CO. 38
CALAFORNIA (NATURAL WINE)

LA FARRA PRESECCO 22
ITALY

PET NAT SPARKLING ROSÉ 24
PASO ROBLES

ARGYLE SPARKLING 30
WILLAMETTE

CHARLES HEIDSIECK CHAMPAGNE 55
FRANCE

750 ML WHITE VARIETALS

ROMBAUER CHARDONNAY 35
CALIFORNIA

NICKEL & NICKEL CHARDONNAY 35
NAPA VALLEY

SEA SUN CHARDONNAY 16
NAPA VALLEY

CAKEBREAD CHARDONNAY 42
NAPA VALLEY

BOLD CHARDONNAY 25
MONTEREY

MER SOLEIL CHARDONNAY 25
SONOMA

MOUNT EDEN CHARDONNAY 23
EDNA VALLEY

POSEIDON CHARDONNAY 25
NAPA VALLEY

CLOUDY BAY SAUVIGNON BLANC 24
SLOVENIJA

GHOST BLOCK SAUVIGNON BLANC 26
YOUNTVILLE

DOMAINE BONNARD SANCERRE 23
FRANCE

EMMOLO SAUVIGNON BLANC 18
NAPA VALLEY

GROTH SAUVIGNON BLANC 25
NAPA VALLEY

DOMAINE CIRINGA SAUVIGNON BLANC 21
SLOVENIJA

AU BON CLIMAT PINOT GRIS & BLANC 21
SANTA BARBARA

CONUNDRUM WHITE BLEND 21
SANTA BARBARA

K VINTNERS VIOGNIER 28
WASHINGTON

PAUL NICOLLE CHABLIS 29
FRANCE

SLEIGHT OF HAND RIESLING 18
COLUMBIA VALLEY